



## Healthy Abingdon

### ***First meeting of Healthy Abingdon Associates***

### **Working with local government**

#### ***Date***

Thursday 12 October starting at 5 pm (registration from 4:30 pm)

#### ***Venue***

North East Abingdon Community Centre, Lindsay Drive, Abingdon, OX14 2RT (Peachcroft)

#### ***Healthy Abingdon***

We are a new charity which brings together community groups of all sorts in Abingdon to explore and develop ways to improve health and wellbeing in the town. This involves helping groups to work together and to work with the NHS, GPs, local government, etc. For our first meeting, we are focussing on working with local government.

**This meeting is open to all whether community groups, service providers or members of the public.**

#### ***Agenda***

1. **4:30 pm. Registration**, networking and refreshments.
2. **5:00 pm. Welcome and introduction from the meeting chair**, Ros Alstead\*, Director of Nursing and Clinical Standards, Oxford Health NHS Foundation Trust. This session will include a brief group discussion on what your organisation needs from local government.
3. **5:15 pm. Introduction to Healthy Abingdon**. Dave Butterworth\*, Healthwatch Oxfordshire. Dave will give information on the charity's current position and future plans.
4. **5:25 pm. Working with Oxfordshire County Council (OCC)**. Kate Gleeson, Commissioning Manager, Adult Social Care, OCC. Kate will tell us about the council's role in health and care, and the council's work with communities.
5. **5:50 pm. Working with the Vale of White Horse District Council**. Ashley Chapman, Participation Coordinator, Leisure Services, Vale of White Horse District Council. Ashley will give an update on past, current and future sport and health initiatives and partnership working.
6. **6:15 pm. Working with Abingdon-on-Thames Town Council**. Monica Lovatt\*, Town and District Councillor. Monica will outline the town's recreational activities, support for clubs and societies, and availability of grants.
7. **6:30 pm. General Discussion**.
8. **7:00 pm. Close**

\* Healthy Abingdon Trustee.

#### ***Future Meetings***

We are planning future meetings on working with the NHS and GPs, and on helping people with physical, learning and mental disabilities, including dementia. Keep checking the Events page of our web site.

#### ***Healthy Abingdon Associates***

We would like as many community groups as possible to sign up as Healthy Abingdon Associates to demonstrate that they are active in the aims of our organisation. So far 16 groups have signed up and 10 of these now have a page on our web site: check out [www.healthyabingdon.org.uk/associates.htm](http://www.healthyabingdon.org.uk/associates.htm) .

#### ***We need more trustees***

Healthy Abingdon needs more trustees. Contact Dave (details below) if you think you can help or know someone who can.

#### ***Registration and further information***

To register to attend, or to find out more, please email Dave on [healthyabingdon@aol.com](mailto:healthyabingdon@aol.com), or phone him on **01235 525 955**. We are sure we can accommodate you at the event if you don't have time to register.