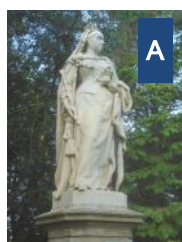




Walk 7: the Thames meadows.

1.4 miles

This short walk is more about a healthy mind than strenuous exercise. Just take your time and enjoy the scenery. **BEWARE: The walk includes flood meadows which are impassable when the Thames floods.**



Victoria Statue



Abbey Meadows



Wooden Footbridge



Rough water at weir



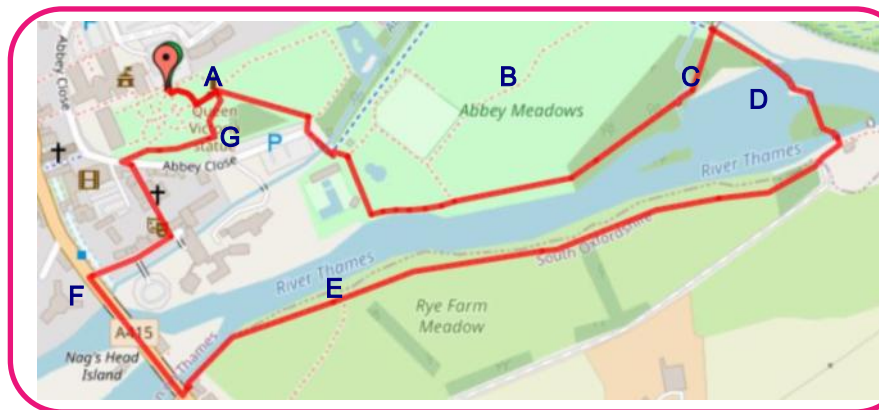
Rye Farm Meadow



Abingdon Old Gaol from Bridge Street



Trendell's Folly



Route

These directions start at the small car park on the east side of Abbey House.

- Take the gate at back of the car park entering the formal part of Abbey Gardens
- Bear left and enter the open part of Abbey Gardens. See the Queen Victoria Statue.
- Bear right to cross the open area. The footprint of the destroyed Abbey is indicated by lines of paving stones in the grass.
- Cross the bridge over the Abbey stream into Abbey Meadows and go straight with the open-air pool on your right
- Go left when you reach the Thames and follow the unpaved path (you might detour to the left to see the Wildflower Maze)
- Cross the wooden foot bridge and turn right when you meet another path.
- Cross the Weir the small island and the Lock, and then turn right to follow the Thames back to town through Rye Farm Meadow.
- Climb the stone steps at the bridge and turn right on Bridge Street and go right into Thames Street.
- Towards the end of street go left through the little passage way into Checker Walk.
- Turn left at Abbey Close and go right into Abbey gardens.
- Follow right hand path to Trendell's Folly then go left and retrace your steps back to start.