

South Oxfordshire Community Mental Health Team for Older People



Our Service

The teams in the older adult pathway provide care to patients who are over 65 years old, experiencing either a functional or an organic mental health problem and also people under the age of 65 who have dementia.

Geographical area covered by the team

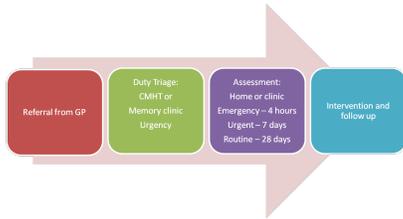


Functions of the team

CMHT – Assessment, diagnosis and intervention for people with moderate to severe mental illness

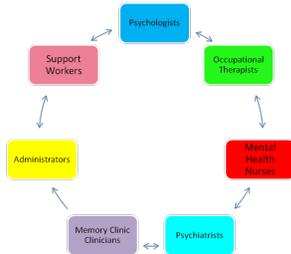
Memory Clinic – Assessment, diagnosis and treatment of patients with a cognitive impairment or dementia

Referral Process



South Locality Older Adult CMHT

Working very closely with our colleagues in Social services and particularly the dedicated Mental Health Social Work team.



CMHT Services

- Moderate to severe functional mental illness e.g.
 - Depression
 - Anxiety
 - Bipolar disorder
 - Schizophrenia
- Functional illness with dementia
- Dementia with more complex needs e.g. behaviour difficulties

Interventions

- Psychosocial interventions e.g. coping strategies
- Psychological interventions e.g. CBT
- Medication – prescribing, monitoring and review
- Support work to reintegrate with social networks
- Hospital admission where appropriate and necessary at one of our inpatient units.

Memory Clinic

- Primarily clinic based
- Diagnostic – Scan and neuropsychological testing
- Interventions
 - Medication
 - Cognitive stimulation therapy
 - Post diagnostic support

Caring, safe and excellent

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https://www.oxfordhealth.nhs.uk/service_description/memory-services/

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Working with:

- Local GPs
- The integrated locality team – e.g. District nursing, Community therapy services, community hospitals.
- Care homes – Care home support service
- Social care
- Age UK
- Dementia Advisors

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Accessible:

Extended hour service providing out of hours cover with specialist Older Adult Clinicians into the evening and at weekends.

Access to 24 hour out of hours service at night, who will respond in an emergency and provide support linking back in with the local team.

Awards:

- Memory Services National Accreditation Programme (MSNAP) – 2018
- Royal College of Psychiatry- Team of the Year 2017
- Dignity in care award – Communication 2016
- Oxford Health Staff Recognition – Teamwork 2015/2016
- Brookes Student placement awards 2016 – highly commended for nursing and occupational Therapy
