

Age Friendly Creative Oxfordshire - Free Taster Sessions at Abingdon Healthfest



We are delighted to be joining forces with Healthy Abingdon and local partners for the Abingdon Healthfest on 6th September 2025, to offer a selection of creative ageing taster sessions for older people, link workers and social prescribers.

Each free session lasts around 30 minutes and no experience is needed—just drop in on the day! Light refreshments available.

When: Saturday 6th September 2025

10am-2pm: Advice & information from Age UK Oxfordshire's Community Links team + meet with our Creative Ambassadors

11am: Seated Dance taster with Dance Creative (age-friendly classes in Abingdon)

12pm: Creative papercraft taster session with the Muse Art School who offer creative classes in Abingdon

1pm: Accessible music session taster session with Ben Heaney signposting to the age and dementia friendly Moving Music events in Dorchester & Wallingford

Where: Abingdon Market Place, Abingdon Town Square, OX14 3HG

Parking available in town centre car parks, marked parking bays and disabled parking spaces nearby.

Find out more
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